

## SURPRISES

### Instructions

1. On the next page, you will find the heading SURPRISES FOR \_\_\_\_\_. Write your partner's name in the blank space.
2. Make a list of the things you could do for your partner which would be a delightful surprise if received from you unexpectedly. The list must come from your memory of previous surprise events or expressed wishes from your partner. It should not be a comprised of surprises you only *think* your partner would like.
3. Keep this list of surprises for your partner private at all times.
4. Update it as you recall or discover new items to add to it.
5. Select one item each week and surprise your partner with it.
6. Record the date of each surprise given.
7. Record and date any surprises you receive from your partner on page 96.

















